

DEFINITION OF AN ACTIVE LEADER

An active Leader pursues the La Leche League mission through basic Leader responsibilities as defined in the *Policies and Standing Rules* Notebook and/or other service to LLL. An active Leader's fees are current, keeps up to date with Leader education, and communicates regularly with the organization.

BASIC RESPONSIBILITIES OF A LEADER

These are the basic responsibilities of a La Leche League Leader:

- Leads Series Meetings
- Manages an LLL Group
- Keeps up-to-date with breastfeeding information
- Helps parents over the phone
- Answers parents' questions by post or email
- Works with Leader Applicants and parents thinking about LLL leadership
- Communicates regularly with the organization

Leaders can choose the work which suits them best! Teamwork, identifying priorities and being realistic will help you to enjoy being an LLL Leader.

Leader responsibilities are shared, when there is more than one Leader in a Group. Many Leaders find it beneficial to concentrate on the basic responsibilities for a period of time before considering expanding or changing their service to LLL. Leaders often find other or additional ways to serve the organization as an active Leader. Here are some possibilities:

- Offer prenatal breastfeeding classes
- Raise funds for the Group
- Talk to school children studying child development
- Meet with teenage parents/those who are pregnant
- Attend meetings for breastfeeding support organizations and health professionals to plan joint programs and events

- Write articles for LLL publications
- Help plan and organize LLL workshops, study days and conferences
- Lead a session at a workshop or Leader Day
- Do research or administrative work for LLL
- Work on translations of LLL resources

Most of an LLL Leader's work is voluntary; you can claim expenses from your Group. If you give a talk or offer breastfeeding classes or do work for LLL in which you have special expertise, such as translations or legal work, you may be able to receive payment and still be covered by LLLI liability insurance.